

# USS ANTIETAM (CG 54)

## HANDBOOK



- Commanding Officer (CO) CAPT Joseph Carrigan
- Executive Officer (XO) CDR Axel Steiner
- Command Master Chief (CMC) CMDCM Chris Fitzgerald

# Command Support Team

- Ombudsman: (090)9391-1882
  - [ombudsmancg54@gmail.com](mailto:ombudsmancg54@gmail.com)
- A family member's first point of contact should be the Ombudsman. If there is a situation that requires immediate attention and you cannot reach the Ombudsman, you should contact another member of the Command Support Team (hereafter called CST). If you are unable to reach any of these representatives, and an urgent situation needs ***immediate attention contact US 7th Fleet Ombudsman at 080-2184-5182***
- To call a base number from a Japanese cell phone, dial 046-816- XXXX (the last four of the original number)

# Ombudsman's Role

## **USS ANTIETAM (CG 54) OMBUDSMAN**

- The Ombudsman is the primary link between the families and the Command. She is a reliable source of information and can be assisted by other members of the CST. The Ombudsman abides by the established policies of the Navy Family Ombudsman Program.

### **The Ombudsman is a mandated reporter for:**

- All suspected child abuse/neglect
- Alleged spouse abuse
- Suspected/potential homicides, violence, or life endangering situations
- All suspected/potential suicide risks
- Issues identified by the Commanding Officer as reportable: Drug and/or Alcohol abuse

# Ombudsman's Role (continued)

## **The Ombudsman is authorized to:**

- Maintain the highest degree of confidentiality
- Serve as a reliable source of information
- Pass information between the families and the Command
- Help cut through “red tape” to resolve issues
- Advocate for families
- Bring items to the Command's attention when necessary
- Refer people in need of assistance to various helping agencies such as Red Cross, Navy Marine Corps Relief Society, Fleet and Family Support Center, and civilian agencies

# Ombudsman's Role (continued)

## **The Ombudsman is not authorized to**

- Assume ownership of “problems”
- Provide or recommend baby-sitting services
- Provide transportation of any sort
- Approve emergency leave or bring service members home (see Emergency Leave)
- Move anyone into or out of housing

# CUT IT OUT!

- Rumors are one of the most destructive things that can happen within a Command. Rumors can lower morale and create tension among service members and their families. We can all help control rumors by squelching them when we can, and by encouraging others not to pass them along. Always contact the Ombudsman to get the latest **official information**.
- **The E-mail/Phone Tree is activated by the Ombudsman. It is used to quickly disseminate:**
  - important news such as the ship's arrival time/date (when unclassified), official ship information, mail drops, etc...
- It is **VERY IMPORTANT to keep the Ombudsman and your phone tree caller informed of any changes to your phone number in addition to any out of state trips.**
- Phone tree messages WILL NOT be left on an answering machine-you MUST call back your phone tree caller
- Remember that all phone tree callers are spouses that volunteer their time so please be courteous and return their calls.

# OPERATIONAL SECURITY (OPSEC)

- As we conduct the business of training, equipping and deploying naval forces around the world to combat terrorism, a review of classification and disclosure policies is warranted to ensure we properly safeguard the information that supports these critical operations.
- The proper disclosure of both **classified** and **sensitive unclassified** information to only those individuals with appropriate clearance and/or a need to know is the strongest protection available.
- The following are examples of information which is classified at least **confidential** and should be disclosed to only authorized individuals:
  - Discussion of any ongoing or future operations to include details of specific combat missions, force movements, and deployment schedules
  - Disclosure of ship's departure/arrival dates to/from U.S. ports greater than 48 hours prior to arrival/departure
  - Precise, current location of the ship while at sea
  - Ship schedules

# OPSEC (continued)

- The following are examples of **sensitive, unclassified information that can be discussed with civilians**:
  - Disclosure of the ship's departure/arrival to/from deployment within 7 days
  - Disclosure of ship's departure/arrival date in foreign ports may only be disclosed on the actual day of departure/arrival
  - Disclosure of theatre of operations such as South Pacific, Arabian Gulf, etc...



# OPSEC (continued)

- You may believe that you and your family have a special “code” that no one else can figure out, but remember that it is a terrorist’s job to break that “code.” Please use extreme caution with any ship information that you are given. **The safety of the crew, the ship, and the United States is at risk. There is no single approach to protecting information. The fact remains that the vast majority of information we deal with on a daily basis is unclassified.**
- **The point is that much of this unclassified information should still be considered sensitive and for official use only. It is in these areas that personnel are being asked to be more vigilant in assessing their role in disclosure of such information**

# Communication with the Ship

- **E-mail communication with the ship is a PRIVILEGE we will enjoy during underway periods. Address e-mail in the following format: The member's last name, the member's first initial of first name, first initial of middle name, followed by @cg54.navy.mil. For example, to email Michael Adam Johnson, you would use johnsonma@cg54.navy.mil. It is helpful to number and date all e-mails in the body of your letter.**
- The purpose of e-mail is to improve crew morale. Please be aware that your e-mails will be screened and therefore read by more people than just the member you are writing. Please keep in mind the following items:
  - Reports of deaths, serious injuries, and illnesses should be sent via the Ombudsman and the American Red Cross
  - Attachments are allowed; however keep size to a minimum
  - All e-mail will be screened by the Command for security/welfare purposes
  - Profanity or code words are not allowed
  - **Never discuss dates, ports being visited, or ship operations; these items will prevent your e-mail from being transmitted as well as jeopardizing the safety of the crew and ship**
  - E-mail transmission requires special ship conditions and may not be operable for days at a time

# Communication with the Ship

## **REGULAR MAIL (VIA FLEET POST OFFICE)**

- During the deployment the ship will receive regular mail deliveries. Incoming and outgoing mail deliveries can be delayed due to ship operations, overseas mail service, and unexpected changes in the ship's schedule. Mail may follow the ship around for weeks. Please do not send time sensitive items via regular mail; contact the Ombudsman for assistance. Mail sent to the ship should be addressed as follows:

**(Rate/Rank & Name)**  
**USS ANTIETAM (CG 54)**  
**Unit 100130 BX XXXX**  
**FPO AP 96660**

- Each Sailor is given their own individual box number. Contact your member for their number.
- Envelopes and packages require postage and must meet postal regulations. Packages should be well wrapped and the contents protected in a sturdy container. Mailing valuables should be avoided if at all possible.

## **OVERSEAS PHONE INFO**

- It is strongly recommended that the service member and family members purchase international calling cards and/or check into international rates on their home telephone plan. The method in which to contact the ship overseas will change with each port of call.

# Emergency Leave

## WHAT IS EMERGENCY LEAVE?

- Emergency leave is time off granted when a verified personal or family emergency requires a member's immediate presence. Verification from American Red Cross ***IS required.*** ***Emergency leave is charged against a member's normal leave account.***
- **FEW RED CROSS MESSAGES RESULT IN EMERGENCY LEAVE, BUT THEY ARE REQUIRED BEFORE EMERGENCY LEAVE CAN BE GRANTED**

# Emergency Leave (continued)

Emergency leave may be granted under the following circumstances:

- **CAUTION:** Personnel transfers at sea can be very dangerous. Some must be conducted open ocean and weather conditions can make it difficult or impossible to accomplish. Personnel safety is always considered first when attempting personnel transfers at sea.
- **1. When the return of a member will contribute to the welfare of an immediate family member (father, mother, siblings, wife, children) who is near death. It should be noted that this does not include grandparents, uncles, cousins, nieces, etc.**
- **2. Upon death in a member's immediate family.**
- **3. When an accident or serious illness within a service member's immediate family results in a serious problem and imposes important responsibilities on the service member which must be met immediately and cannot be accomplished without the service member's presence.**

**\*\*\*Funded transportation is not by any means, a guarantee or a right\*\*\***

- Family members are encouraged to request assistance in emergency situations from American Red Cross.
- In an emergency, coordinate all requests for member's return through the Ombudsman

# Fleet and Family Services

**The Fleet and Family Service Center offers the following *free services and programs*:**

- Child Development Program
- New Parent Support Team
- Counseling for individuals, couples and families
- Relocation Assistance
- Crisis Intervention Counseling
- Sexual Assault Prevention
- Deployment Assistance
- Exceptional Family Member Program
- Transition Assistance Management Program
- Employment Assistance Program
- Financial/Budget Planning
- Victim Services
- Family Advocacy
- Volunteer Opportunities

# Fleet and Family Services (continued)

- The Fleet and Family Service Center serves as a source of information and assistance for military members and their families. FFSC is located across from the Commissary. Their hours of operation are Mon-Wed and Fri 0800-1630, Thu 0800-1500, . For more information call 243-3372.
- Official website (copy and paste):  
[https://www.cnmc.navy.mil/regions/cnrj/installations/cfa\\_yokosuka/ffr/support\\_services.html](https://www.cnmc.navy.mil/regions/cnrj/installations/cfa_yokosuka/ffr/support_services.html)

## **Family Advocacy Program (FAP) Restricted Reporting**

- A domestic abuse victim may access information, support, advocacy, and medical care without Command, law enforcement, or FAP notification. To keep your information confidential you may disclose the abuse to the following individuals:
  - FAP Victim Advocate
  - Fleet & Family Support Program Clinical Counselors
  - Military Medical Personnel

# Fleet and Family Services (continued)

- Any verbal, written, or electronic communication disclosed to one of these individual is protected information and may not be disclosed to anyone else without victim authorization or if one of the following exceptions applies:
  - When there is imminent threat to health or safety of the victim or another person
  - When child abuse is suspected
  - When required for fitness for duty in disability retirement boards
  - For supervision of direct victim treatment or services
  - When a military, federal, or state judge issues a subpoena
  - When required by federal or state statute or applicable international agreement
- To report abuse call the Fleet and Family Support Center at DSN: 315-243-3372, or phone: 011-81-6160-43-3372 and ask to speak to a Victim Advocate
- Or call the National Domestic Violence Hotline at 1-800-799-SAFE (7233)



# Fleet and Family Services (continued)

- Navy Chaplains represent a number of faith groups. Chaplains conduct religious services, administer the rites and sacraments of their respective faith groups, and are available for pastoral counseling related to marital, personal, substance abuse, growth and adjustment issues.
- To contact the Chaplain that provides support for USS ANTIETAM, please call (619) 556-4496 ext. 1113; after hours please call the Ombudsman at (090)9391-1882.

# The Navy and Marine Corps Relief Society

- **The Navy-Marine Corps Relief Society assists Navy-Marine Corps personnel and their families with financial emergencies. Assistance may be in the form of interest free loans, grants or a combination of both. Contact the American Red Cross for after hours emergency financial assistance at 1-800-733-2767 or the local chapter of the American Red Cross if you are not on or near a military installation.**
- **Location:**

**Naval Base Bldg 3365, Suite 312**  
**Yokosuka-Shi, Japan**  
**011-81-46-816-7905**  
**243-7905**
- **Financial assistance may include:**
  - Funds for transportation in case of critical illness or death in the immediate family
  - Basic living expenses due to temporary lack of funds
  - Essential emergency car repairs
  - Medical and dental expenses in excess of TRICARE coverage
  - Some funeral expenses
  - Educational assistance

# The Navy and Marine Corps Relief Society (continued)

## Other services offered:

- Budget Counseling
  - Layettes for newborn babies
  - A thrift shop. Phone: 243-4178
    - Hours: Mon. 0930-1300 Donations  
Tue. 0930-1300 Shopping
    - Location: Yokosuka Thrift Shop  
Building G59  
Clement Blvd  
Yokosuka-Shi, Japan
  - A food locker to assist families with emergency needs (baby formula, baby food and diapers are also available).
  - Visiting nurse services free of charge
  - Volunteer opportunities with childcare and mileage reimbursement.
- **A signed Preauthorization Form is required for assistance to be provided to families during deployments. The service member is encouraged to complete this form prior to deployment so it may be retained on file at the Navy-Marine Corps Relief Society's office.**

# Legal Services

- Naval Legal Services Office is located in onboard Fleet Activities Yokosuka, Building 1555 (PSD Building), 3<sup>rd</sup> deck. Their hours are 0830-1700 Monday through Friday. Free legal services are offered to active duty personnel and their families.

Address:

PSC 473, Box 122

FPO AP 96349

- Copy and paste their link into your web browser:
  - [www.jag.navy.mil/legal\\_services/rlso/rlso\\_japan.htm](http://www.jag.navy.mil/legal_services/rlso/rlso_japan.htm)
- Phone numbers:
  - Comm: 011-81-468-16-8901
  - DSN: 243-8901 (DSN prefix 315)
- The following walk-in services are available (no appointment necessary):
  - Power of attorney; general and special.
  - Notarizations.
  - Personal Property Tax Exception Forms.
  - VITA (Income Tax Assistance by Volunteers); Form 1040 EZ

# Legal (continued)

- Services that require an appointment:
  - Drafting of wills
  - Durable Powers of Attorney for Health Care.
  - Mediation Service (Dispute Resolution).
  - Landlord/Tenant Issues.
  - Debtor/Creditor Matters.
  - Military Rights and Benefits.
  - Bankruptcy.
  - Soldiers' and Sailors' Civil Relief Act.
  - Sales Contract Problems.
  - Consumer Law.
  - Repair Work Disputes.
  - Family Law (Divorce, Legal Separations, Spousal and Child Support, Paternity).
  - Income Tax Forms 1040 and 1040A. Call to schedule and appointment for this service.
- Legal emergencies can be seen without an appointment. Call or stop by to have your case screened.

# Family Readiness Group (FRG)

- The USS ANTIETAM Family Readiness Group (FRG) is dedicated to supporting spouses, families and crew members of USS ANTIETAM, especially during times of separation and deployments. We provide resources, social activities, outreach programs, and a warm, inviting environment for fun, friendship, and coping while separated from loved ones. The USS ANTIETAM Family Readiness Group's schedule of monthly meeting, projects & activities will be available in the Ombudsman's monthly newsletter.
- USS ANTIETAM FRG INFORMATION:
  - Email: [antietamfrgpresident@gmail.com](mailto:antietamfrgpresident@gmail.com)

# Navy Family Accountability and Assessment System (NFAAS)

- **NFAAS standardizes a method for the Navy to account, assess, manage, and monitor the recovery process for personnel and their families affected and/or scattered by a wide-spread catastrophic event. NFAAS provides valuable information to all levels of the Navy chain of command, allowing commanders to make strategic decisions which facilitate a return to stability.**
- **NFAAS allows Navy Personnel to do the following:**
  - Report Accounting Status
  - Update Contact/Location Information
  - Complete Needs Assessment
  - View Reference Information
- Log on to: <https://www.navyfamily.navy.mil/> and complete your family profile

# Dental and Medical Information

## Emergency Contacts

- **Eligible family members must be enrolled in DEERS (Defense Eligibility Enrollment System) to receive medical and dental benefits.**
- **Active Duty Family Member Dental Plan is a voluntary program and the active duty member must enroll his family members. Premiums are deducted from the active duty member's payroll.**
- For information/inquiries: Complete the OCONUS Claim Submission Document found at  
[www.tricare.mil/coveredservices/dental/tdp.aspx](http://www.tricare.mil/coveredservices/dental/tdp.aspx)

TRICARE Dental Program

P.O. Box 14182

Lexington, KY 40512

### TRICARE

- Active duty family members, enrolled in DEERS are eligible for TRICARE Standards, TRICARE Extra or TRICARE Prime for medical benefits. For an explanation of benefits, registration in the appropriate program, and travel questions contact the TRICARE Health Benefits Advisor toll-free at 1-888-874-9278 or visit their website at [www.triwest.com](http://www.triwest.com).
- There are many health care options available to you so please take a moment to not the name, location and telephone number of your Primary Care Manager (PCM) for easy reference during deployment. If you have more than one PCM due to multiple family members, please note each member's PCM on the back of this sheet.

**Name:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**EMERGENCIES:** Go to the Emergency Room at the nearest hospital or dial 911 on base. Call TRICARE +(65)6339-2676 or 0120-983990 within 24 hours after arriving at the hospital for an authorization number.



# Travel

## Traveling During the Deployment

- If you plan to travel out of your geographical area while the ship is
- deployed, contact the Ombudsman and provide a contact address and phone number. **It is very important that we are able to locate the next of kin for all service members in case of emergency. Also, this ensures that you are provided prompt information regarding the ship.**
- **Overseas Port Visits to Meet the Ship**
  - You will need a passport and possibly a visa
    - Are these documents still current if you already have them
    - You will need certified birth certificates-copies WILL NOT work – it may take some time to get these
  - Do you know the process involved to receive these?
    - There may be immunization requirements
  - When is the last time that you had a complete physical?
  - Bureau of Consular Affairs website: [www.travel.state.gov](http://www.travel.state.gov)
  - Have you checked the requirements for your destination?
    - Ship schedule often change traveling

# Travel (continued)

- Do you have a back-up plan?
    - Security and safety measures change throughout the world
  - Are you aware of security issues that may occur during your travel and at your destination?
  - Highly recommend traveling with a group and make all arrangements for accommodations before arrival
  - Do you know what to do when you arrive at your destination?
    - Plan in advance
  - Have you asked about package deals (airfare, hotel & car rental all in one)?
    - Try to purchase refundable tickets if at all possible and have a back-up plan
  - Are you willing to lose money paid for tickets if plans change?
    - Communication with the Ombudsman will keep you abreast of last minute changes
  - Do you know the Ombudsman and how to contact her?
- 
- *Stay flexible -the ship may not be where we expect it due to last minute schedule changes.*
    - Are you willing to travel there alone?

# Yokosuka Enhanced Spouse Sponsorship Program

- YESS is a brand new sponsorship program for spouses, by spouses.
- YESS strives to ease the transition of families arriving in the Yokosuka area by providing a friendly and personal connection for military and civilian spouses. This personal connection is achieved through our YESS Sponsors, ultimately enhancing the existing Command Sponsorship Program that serves the military and civilian employees.
- YESS volunteers share the common goal of providing to every newcomer a warm welcome, access to information, and a sense of belonging to the Yokosuka Naval Base community. As a sponsorship program created “for spouses, by spouses,” we value the importance of showing respect and compassion to newcomers as well as fellow volunteers.
- Visit their website here: <https://yessyokosuka.wordpress.com>
- And their Facebook page here: [www.facebook.com/YESS.Yokosuka.Spouses](http://www.facebook.com/YESS.Yokosuka.Spouses)
- Email: [yess.yokosuka@gmail.com](mailto:yess.yokosuka@gmail.com)

# Important Numbers and Websites

## FLEET & FAMILY SUPPORT CENTER YOKOSUKA, JAPAN 243-3372 (FFSC)



TELEPHONE POCKET GUIDE  
OCTOBER 2015

[http://www.cnic.navy.mil/regions/cnjl/installations/cfa\\_yokosuka.html](http://www.cnic.navy.mil/regions/cnjl/installations/cfa_yokosuka.html)

- REGIONAL (ALL JAPAN) OPERATOR.....113
- OFF BASE TO ON BASE.....046-816-1110

IKEGO	
FIRE-POLICE-AMBULANCE ON BASE	911
OFF BASE TO ON BASE	046-816-0911
SECURITY (EMERGENCY)	243-5900
IKEGO HEADQUARTERS	246-8367
OFF BASE TO ON BASE	046-899-8767
ANTHONY'S PIZZA	246-9648
BEAUTY SHOP	246-5050
CHILD DEVELOPMENT CENTER	246-8280
CLUB TAKENIYA (ALL HANDS)	246-8577/8275
FIRE DEPT. (NON-EMERGENCY)	246-801-16012
FLEET & FAMILY SUPPORT CENTER	246-8052
HOUSING OFFICE	246-8027
MWR	246-8071
NEX MINI MART	246-7991
CIC CFAY (IKEGO DET)	246-8042/8051
POST OFFICE	246-8058
PUBLIC WORKS TROUBLE DESK	115
SCHOOL - IKEGO ELEMENTARY	246-8320
YOUTH CENTER	246-8391

LOCAL AREA DIRECT DIAL / MOBILE ACCESS	
YOKOSUKA (243 PREFIX)	(046) 816-XXXX
YOKOSUKA (241 PREFIX)	(046) 896-XXXX
IKEGO	(046) 898-XXXX
ATSUGI	(046) 763-XXXX

XXXX = THE LAST FOUR DIGITS OF THE  
PHONE NUMBER BEING CALLED

OFF-BASE NUMBERS FOR BASE OPERATOR	
YOKOSUKA / IKEGO / NEGISHI	046-816-1110
ATSUGI	046-763-1110
CAMP FUJI	055-899-8102
CAMP ZAMA	046-251-1520
WAKUHI	082-779-1110
MIYAKA	017-853-5181
SASEBO	095-850-1110
YOKOTA	042-852-2511

### USEFUL WEB SITES

NAVY FAMILY ACCOUNTABILITY & ASSESSMENT SYSTEM (NFAAS)	
	<a href="https://navyfamily.navy.mil">https://navyfamily.navy.mil</a>
CFAY	<a href="http://www.cnic.navy.mil/yokosuka">www.cnic.navy.mil/yokosuka</a>
FFSC	<a href="http://cfa.yokosuka.navy.mil">http://cfa.yokosuka.navy.mil</a>
YOKOSUKA TOWNGUIDE*	<a href="http://www.southside.com">www.southside.com</a>
JAPAN NATIONAL TOURISM*	<a href="http://www.jnto.go.jp">www.jnto.go.jp</a>
TRAIN DIRECTION*	<a href="http://www.hyperdia.com/en">www.hyperdia.com/en</a>
	<a href="http://www.janlan.co.jp/english">www.janlan.co.jp/english</a>
FED VOTING ASST	<a href="http://www.fvap.gov">www.fvap.gov</a>
MILITARYONESOURCE.MIL	

\*LISTING OF COMMERCIAL WEB SITES DOES  
NOT CONSTITUTE ENDORSEMENT BY FFSC,  
CFAY OR THE DEPARTMENT OF THE NAVY.

### EMERGENCY NUMBERS

FIRE / POLICE / AMBULANCE - ON BASE	911
OFF BASE TO ON BASE	046-816-0911
NAVAL HOSPITAL YOKOSUKA	
ON BASE	243-7141
OFF BASE TO ON BASE	046-827-1040
SECURITY (EMERGENCY)	243-5900
OFF BASE TO ON BASE	046-816-5000
TRAFFIC COURT/OSTAFOLD	243-9052
RED CROSS	243-7490
FAX	243-7492
EMERGENCY MSG 247	1-877-272-7337
SAPR VICTIM ADVOCATE LINE	800-8046-5783

### DIRECT PHONE CALLS FROM THE U.S.

YOKOSUKA (243 PREFIX)	011-81-46-816-XXXX
YOKOSUKA (241 PREFIX)	011-81-46-896-XXXX
IKEGO	011-81-46-898-XXXX

XXXX = THE LAST FOUR DIGITS OF THE  
PHONE NUMBER BEING CALLED

### FREQUENTLY CALLED NUMBERS YOKOSUKA

AMERICABLE (TV & INTERNET)	241-2288
AMERICAN EMBASSY	224-5005
COMMERCIAL	03-3224-5000
AUTO HOBBY SHOP	243-8495
AUTO PART - SERVICE CENTER	243-8526
MINI-MART	243-5013
BARBER SHOPS - MAIN NEX	243-5384
FLEET REC CENTER	241-4108
GATEWAY INN SWEET	243-5671
BEAUTY SHOP	243-5080
BILLETING - UNACCOMPANIED HSG	243-5589
BOWLING CENTER	243-5158
BUS DESK (NARITA & YOKOTA)	243-7777/2287
CAR RENTAL	243-4486/8985
CFAY CHECK-OUT DESK	243-9508
CHAPEL OF HOPE	243-8773/8774
CHILD CARE - MAIN CDC	243-5664
HOURLY CDC	241-4101
HOME CARE CDH	243-5479
CLUBS - ALL ENLISTED	243-5851/3415/3000
GPO	243-5500
OFFICERS	243-5788/7518/5624
COMMISSARY STORE (ID DESK)	243-7828
DEU	243-5193
COMMUNITY CENTER	243-6713
COMMUNITY BANK	243-4585
DENTAL CLINICS - MAIN	243-8808
FLEET	243-7983
DRIVER'S LICENSE OFFICE	243-5647
DRY CLEANING	243-5656
EMPLOYMENT - HRO	243-8725/8168
EMPLOYMENT - MWR PERSONNEL	243-5446
NEX PERSONNEL	243-5150

FAMILY ASSISTANCE TEAM (FAST)	243-5778
FLEET & FAMILY SUPPORT CENTER	243-3372
INFORMATION & REFERRAL	243-8716
FAMILY ADVOCACY	243-7878
PERSONAL FINANCE	243-8632
TRANSITION ASSISTANCE	243-9535/9621
EFMP LIAISON	243-9505
FIRE DEPT (NON-EMERGENCY)	243-5292
FOOD SERVICES	
ANTHONY'S PIZZA (MAIN STORE)	241-3404
BOWLING CENTER SNACK BAR	243-6802
CHILDS (TAKE-OUT)	241-3842
FLEET REC CTR	243-5504
GALLEY - JEWEL OF THE EAST	243-5742
SBARRO	241-2222/2244
PIZZA HUT	243-3863
GYMS - PURDY GYM	243-5398
SEAHAWK NATATORIUM	243-5820
FLEET REC CENTER	243-5384
FITNESS CENTER (FLT REC)	241-4408
WELLNESS/HEALTH PROMOTION	243-6776
HOSPITAL - INFO	243-7445/247
APPOINTMENTS/MIL SICK CALL	243-5352
TRICARE (ENROLLMENT)	243-8528/8532
TRICARE (CLAIMS)	243-8962
TRICARE (DENTAL)	243-5508
HOUSING SERVICES CENTER	243-6037
FACILITY	243-6784
TROUBLE DESK	243-5565
ITT (INFO TOURS & TICKETING)	241-5858/3468
WAGE TRAVEL (FLT REC)	243-8628/8652
WAGE TRAVEL (ITT OFFICE)	243-3458
KENNEL	243-4530
LEGAL OFFICE	243-8901
LIBRARY	243-5674/7249

MAIN GATE - PASS & DBDS OFFICE	243-8125
MENTAL HEALTH CLINIC	243-5171
MWR EVENT/ MOVIE INFO LINE	241-2209
NAVY COLLEGE PROGRAM	243-8131
NAVY EXCHANGE-MAIN STORE	243-5577
AIRPORT CHAUFFEUR TAXI	243-4511
ELECTRONICS	243-6742
FLOWER SHOP	243-3800
FURNITURE STORE	243-5347
FLEET REC UNIFORM SHOP	241-6738
HOME ACCENTS	243-4132
INSURANCE (ICI)	243-4250
NEX DEPOT	241-2431
OPTICAL SHOP	243-6732
PACK & WRAP	243-3286
PERSONALIZED SERVICES	243-5789
TAILOR SHOP (MAIN NEX)	243-4620
NAVY FEDERAL CREDIT UNION	888-842-6328
NAVY GATEWAY INN (NOIS)	243-7317
NAVY LODGE	243-6708
NAVY MARINE CORPS RELIEF SOC	243-7985
NEW SANNIO HOTEL - OPERATOR	228-8111
COMMERCIAL	(83) 3440-7871
FRONT DESK	228-7220
RESERVATIONS	228-7121
OUTDOOR RECREATION	243-5732
PASSPORT OFFICE (PSDI)	243-8486
PERSONAL PROPERTY INBOUND	243-5428
PERSONAL PROPERTY OUTBOUND	243-7081
PERSONNEL SUPPORT DET.	243-8513/8457
POST OFFICE - MAIN	243-6711
POST OFFICE - USNH	243-5438
PRINT SHOP (DLA DOCUMENT SVCI)	243-8543
PUBLIC AFFAIRS (CFAY)	243-3003
PUBLIC WORKS TROUBLE DESK	115

RED CROSS	243-7490
SAFETY OFFICE	243-5519
SCHOOLS - KINNICK HS	243-7362
YOKOSUKA MS	243-5185
SULLIVANS ES	243-7360/2575
SCHOOL LIAISON OFFICER	243-3222
KINNICK HS (ASACS)	243-7362
SEAHAWK (BASE NEWSPAPER)	243-3003
SECURITY (CDI)	243-2300
SELF-HELP HOUSING	243-7283
SHIPS INFORMATION (RECORDING)	115
SINGLE SAILOR LOUNGE	243-7348
STARS & STRIPES (OFFICE)	243-4771
TAXI - ON BASE	243-4444
TAXI - ON BASE (FROM CELL)	046-816-4444
TAXI-OFF BASE (COMMERCIAL)	046-825-4444
TEEN CLUB	241-2098
TELEPHONE TROUBLE DESK	114
THEATER - BENNY DECKER	243-8753
THEATER - FLEET	243-8443
TPU	243-5182
UNIVERSITIES - MARYLAND	243-4613
UNIVERSITY OF CENTRAL TEXAS	243-5128
UNIVERSITY OF PHOENIX	243-6888
USO	241-3030
VEHICLE REGISTRATION OFFICE	243-5011
VETERINARY CLINIC	243-8820
VOID RENTAL CENTER	243-4717
VITA TAX OFFICE	243-6485
VOTING ASSISTANCE OFFICE	243-6400
WEATHER, TIME & TEMP	243-5596
WIG OVERSEAS	243-8428
YOUTH CENTER	243-3438/3432